

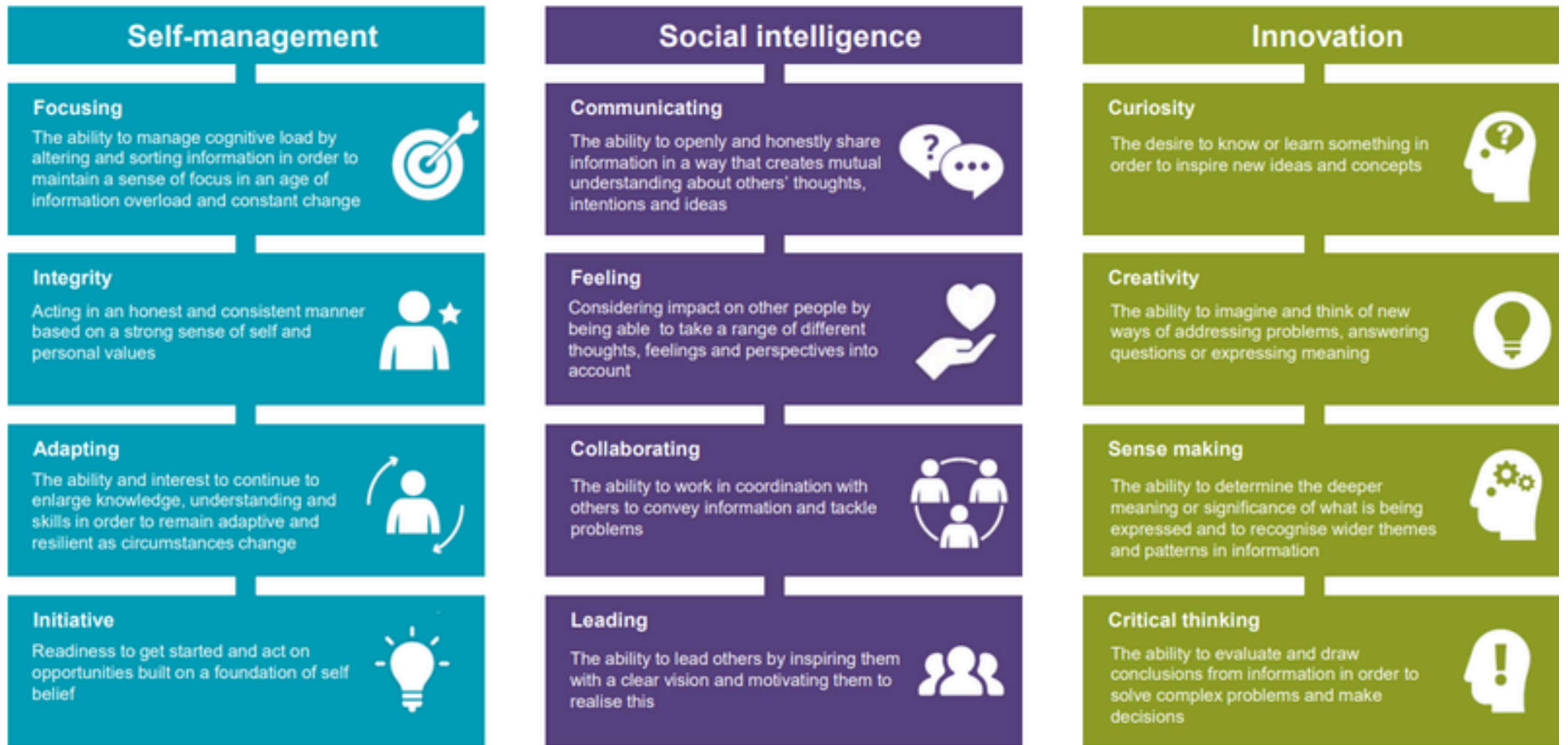


# Meta-skills

## A Guide For Parents

### What are Meta-skills?

Meta-skills are **12 big life skills** that help children adapt, learn, and succeed- no matter what the future holds. These important skills help our learners grow skills for learning, life and work.



### Why are they important?

- As we enter a fourth Industrial Revolution, we must prepare children by developing skills for a changing world.
- The jobs your child will do in the future may not even exist yet.
- These skills help children adapt to change, solve problems, and work with others.
- They make learning more engaging and meaningful across every subject.



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### How are we using them in class?

Each week, teachers will introduce a 'Meta-skill of the Week'. Children will explore the importance of each skill and how it applies in school and beyond. Each class will have a chance to share their learning at an assembly.

All classes have the skills on display so these can be referred to throughout the week. The Meta Skills Land resource has been developed to support younger children's understanding of meta-skills (<https://www.skillsdevelopmentscotland.co.uk/what-we-do/scotlands-careers-services/education-team/meta-skills-toolkit/meta-skills-land>)

### How can parents help at home?

You don't need to teach new lessons, just use the words in everyday life!

- **Ask** "What skill did you use to today?"
- **Praise** "You really showed initiative by starting your homework without being asked."
- **Wonder** "I wonder why the moon looks so big tonight?" (Curiosity)
- **Involve them** "Can you help decide the best way to...?" (Critical Thinking and Collaborating)

### Our Aim

Pupils will be able to talk confidently about the 12 meta-skills and give real examples of how they use them in school and at home. Our aim is to work together to give our learners the tools to thrive, both now and in the future.

To find out more about Meta-skills, visit:

<https://www.skillsdevelopmentscotland.co.uk/what-we-do/scotlands-careers-services/education-team/meta-skills-toolkit>



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